

Helpful numbers & websites



www.thinkuknow.co.uk

www.mencap.org.uk

<http://www.childline.org.uk>



Ring Derbyshire Police on **101**

Be careful what you download



Some sexual photos and videos can be against the law.

It can also be against the law to download music or films for free from some websites.

If it's illegal and you download it you could be in trouble with the Police or be taken to court and fined.

Keeping Safe Online:



on your computer and
mobile phone



Sharing photos & videos



Lots of people like to share their photos and videos. Uploading photos and videos is a great way of keeping in touch with your family and friends.



Being safe online can be hard. The information in this leaflet is about keeping safe when sharing photos and videos on your computer and mobile phone.

PREVENTING AND TACKLING BULLYING IN DERBYSHIRE

Things you should know



Only upload photos and videos that you would be happy for lots of people to see, including people you do not know.



Remember once you have put a photo or video online you have no control of who sees it and you'll never be able to get it back or take it off.



You need to be careful because some photos and videos may tell people more information about you, like where you live and what school you go to.

They can also be changed to make fun of you and then put back internet where lots of people can see them.

Webcam



A webcam is a camera that links into your computer. This allows you to talk to and see other people.

Be careful if you use a webcam because

- lots of people could be watching.
- it can be easy to get carried away and share too much personal information.
- you may be asked to do things you do not want to do.

All these things can put you at risk.



Remember always turn the webcam off once you have finished using it.